

Sandwich Menu (served from 9am to 9pm)

Brown/White Bread | **Panini's** – Bagels – Baps – Wraps

With: €

The Ploughman's (1,7) 5.95

Ham, cheese & red onion with ballymaloe relish

The B.L.T (1,3) 5.95

Bacon, lettuce & tomatoes with mayonnaise

The Greek (1,7) 5.95

Goats cheese, red onions, olives & sun blushed tomatoes

The Tuna Melt (1,4,7,14) 5.95

Tuna fish, melted cheese, red onions, tomatoes with mayonnaise

The Birdie (1,3) 5.95

Roast breast of chicken with stuffing & mayonnaise

Or Roast breast of turkey with stuffing & cranberry sauce

The Cooneys Club Sambo (1,3) 6.95

Chicken, bacon, red onion, lettuce, tomato & mayonnaise

On three layers of toasted white or brown bread

The Combo Special (1,3) 9.95

Soup & sandwich of your choice

Other fillings available on request

Please find below our Food Allergen List:

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|----------------|------------------|---------------------|--------------|
| 1. Cereals | 5. Peanuts | 9. Celery | 13. Lupin |
| 2. Crustaceans | 6. Soybeans | 10. Mustard | 14. Molluscs |
| 3. Eggs | 7. Milk Products | 11. Sesame seeds | |
| 4. Fish | 8. Nuts | 12. Sulphur dioxide | |

Lunch Menu (served 12 noon to 4pm)

To Start

| | € |
|---|-------------|
| Homemade Soup of the Day (9) with homemade brown bread | 4.95 |
| Creamy Seafood Chowder (2,4,7,9,14) with homemade brown bread | 7.95 |
| Caesar Salad (1,3,7) Warm chicken strips, bacon, baby gem leaves, croutons & caesar dressing | 5.95 |
| Cajun Chicken Wings (9,10) Mixed green salad, sweet chilli sauce | 5.95 |
| Garlic Mushrooms (1,7) Mixed green salad, garlic mayonnaise | 5.95 |
| Potato Skins (3,7,10) Stuffed with bacon, cheese & creme fraiche | 5.95 |
| Fish Cakes (1,2,3,4,7,9,11,14) with red pepper relish, pineapple salsa, apple and celery | 5.95 |

Main Courses

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| Roast Prime of Hereford Beef (9,10) Creamed potatoes, seasonal vegetables, gravy & horseradish sauce | 12.95 |
| 4oz Open Steak Sandwich (1,7,10) Toasted garlic ciabatta bread, garlic mayonnaise | 12.95 |
| <i>Steaks are Grilled to your liking, served with sautéed mushrooms & onions, homemade chips and side salad</i> | |
| Homemade Beef Lasagne (1,3,7,9,10) Layered lasagne pasta, Irish minced beef, tomato sauce, baked Cheddar Cheese served with homemade chips & side salad | 11.95 |
| Cooney's Chicken Curry (7) Signature curry sauce, boiled rice or chips | 11.95 |
| Cajun Chicken Wrap (1,7) with homemade chips and salad | 11.95 |
| Vegetable Tagine (1,5,7,8,9,11) with couscous | 11.95 |

| | | | € |
|--------------------------------|-------------|-------------------------------|-------------|
| Homemade chips | 3.00 | Seasonal vegetable (7) | 3.00 |
| Homemade potato wedges. | 3.00 | Side salad | 3.00 |
| Mashed potato (7) | 3.00 | | |

Homemade Bramley Apple Tart (1,3,7) **5.95**
Warm vanilla custard, cream or ice cream

Cooneys Homemade Baileys Trifle (1,3,7) **5.95**
Topped with vanilla custard & fresh cream

Toblerone Cheesecake (1,3,7,8) **5.95**
Digestive biscuit base creamy topping & chunky Toblerone pieces

Fresh Fruit Pavlova (3,7) **5.95**
Fresh cream & topped with fresh fruit

Sticky Toffee Pudding (1,3,7,8) **5.95**
Rum & raisin ice cream

Fresh Fruit Salad (7) **5.95**
Fresh cream

Homemade Rice Pudding (1,7) **5.95**
Fresh cream & jam

Luscious Chocolate Brownie (1,3,7,8) **5.95**
Rum & raisin ice-cream with butterscotch sauce

Jelly & Ice Cream (3,7) **3.95**

Vegan Desserts (ask a team member for details) **5.95**

Drinks

| | | | |
|------------------------------|-------------|---|-------------|
| Freshly brewed coffee | 2.50 | Espresso | 2.50 |
| Pot of tea | 2.50 | Hot Chocolate | 3.00 |
| Herbal tea | 3.00 | | |
| Cappuccino | 3.00 | Dairy alternatives are available we have Almond & Oat Mylk | |
| Latte | 3.00 | | |

Ballymahon, Co. Longford.
Bookings contact reception on:
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